

AO Spine Hospital Based Seminars

Dilemmas in Spine Practice and Latest Advances

November 1, 2025

Bareilly, India



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AO Spine Hospital Based Seminar— Dilemmas in Spine Practice and Latest Advances

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Bareilly, India

Chairperson



Varun Agarwal
Rohilkhand Medical College
and Hospital, Bareilly

Co-chairpersons



Nazim Mughal
Rajshree Medical College and
Research institute, Bareilly

National faculty

Ankit Verma
Rohilkhand Medical
College and
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Kunal Singh
Synapse Spine,
Mumbai

Neerav Anand Singh
Spine Injury Centre &
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Bareilly

Rahul Jain
Rohilkhand Medical
College and
Hospital, Bareilly

Swapnil Arun
Rohilkhand Medical
College and
Hospital, Bareilly

Seminar description

This seminar provides an in-depth look at the Dilemmas in spine practice and latest advances. It aims to equip young spine surgeons and medical professionals with a structured approach in understanding, diagnosing and management of the commonly encountered spine pathologies in daily routine practice. It also aims to sensitise them with the latest advances and global best practices to manage these conditions.

Learning objectives

- Understanding pathophysiology and clinical presentation of common spine disorders.
- Mastering diagnosis and interpretation of imaging in daily practise.
- Application of Clinicoradiological parameters in decision making and management of these conditions.
- Introduction to latest advances like spine endoscopy and robotics and navigation in management of spine pathologies.

Date and timing

November 1, 2025
20:00 to 23:50 pm

Face-to-face

- 4-hour event held at a hospital auditorium.
- 20-40 participants max.



Target participants

Who should Attend :-

- MS ortho / MCh Neuro PG students
- MS Ortho / MCh Neuro - Consultants, Spine fellows, Spine surgeons
- Medical Professionals treating spinal conditions

Goal of the seminar

The target participants being young established and prospective Spine surgeons , individuals with foundational understanding of Spine affections and are looking to expand their knowledge in the diagnosis and management of commonly encountered spinal conditions and understand the latest technological advancements available for treatment.

Registration Free but Mandatory

[Click to register](#)

or Scan the QR code



Venue

Indian Medical Association
I.M.A Bhawan, 110, Civil Lines (Near Prabha Cinema),
Bareilly 243001, Uttar Pradesh

Detailed Agenda on the Following Page

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Program Agenda

Session 1 – Basics, Degenerative, Infections and Fragility Spine

Time	Topic	Speaker
8:00 – 8:10 pm	Introduction to the Course	Varun Agarwal
8:10 – 8:25 pm	Approach to a Case of Low Back Pain	Nazim Mughal
8:25 – 8:40 pm	Lumbar Pain Generators and Conservative Management	Neerav Anand Singh
8:40 – 9:00 pm	Lumbar Disc Herniation—Diagnosis and Management	Rahul Jain
9:00 – 9:20 pm	Lumbar Canal Stenosis – Clinical Features & Treatment	Kunal Singh
9:20 – 9:30 pm	Diagnosis & Medical Management of Vertebral Osteoporotic Fracture	Swapnil Arun
9:30 – 9:45 pm	Surgical Management of Osteoporotic Vertebral Fracture	Rahul Jain
9:45 – 9:55 pm	Spondylodiscitis – How to Diagnose?	Neerav Anand Singh
9:55 – 10:05 pm	Management of Spondylodiscitis	Neerav Anand Singh

Session 2 – Advanced, Endoscopy, Deformity and Robotic Spine

Time	Topic	Speaker
10:05 – 10:25 pm	Spine surgeries under Local anaesthesia	Varun Agarwal
10:25 – 10:45 pm	Endoscopic Management of Spinal Pathologies and Spondylodiscitis	Varun Khetan
10:45 – 11:00 pm	Use of Robotics and Navigation Guidance in Spine Surgery	Ankit Verma
11:00 – 11:15 pm	Case Presentation Spine Deformity	Nazim Mughal
11:15 – 11:30 pm	Interesting Case Presentations and Discussions	Swapnil Arun
11:30 – 11:40 pm	Panel Discussion / Q&A	All Faculty
11:40 – 11:50 pm	Closing Remarks	Nazim